



New Presentation Day

A massive well done to all the children performing at our exam presentation day – I'm sure you'll agree they were all amazing.

They all looked great, thanks to their parents/family.

Photos have been uploaded to the Dance school Facebook page should anyone wish to download for scrapbooks.

Thank you to everyone who bought a ticket for the show or a raffle ticket, the funds raised for charity was a huge £686.50, which was bank matched by Barclays, donating a total of £1373 to the neuroblastoma society (The charity thank you letter is on the dance school Facebook page)

New Class relocation

On Sat 1st Feb Moulton Village Hall are holding its panto, we will therefore relocate Saturday morning classes to Owley Wood recreation club (where we held the exams).

New Miss Emily starting

Miss Gemma left the dance school on Sat 7th Dec after 10 years teaching for us.

Thank you to everyone who made a contribution towards Miss Gemmas leaving presents.

Miss Emily will take our Saturday classes, please make her very welcome ☺

Reminder Class time changes

All class times remain the same from 23/11 except:-
No stretch class
8.45-9.45 Grade 5
9.45-10.25 new Baby Ballet class
10.30-11.10 existing Baby Ballet class will change to Preparatory ballet

New Term dates

Winter term

Start of winter term w/c 6th Jan

Half term w/c 17th Feb

Restart w/c 24th Feb

Spring enrolment week w/c 16th Mar

Dance school closes for Easter Sat 4th Apr

Reopens for spring term w/c 20th Apr

Reminder Dance workshops

Our next dances workshop dates are

Easter 06/04-08/04 WE WILL ROCK YOU

Summer 03/08-07/08 MADAGASCAR

Places can now be reserved so please get in touch if you'd like your child to attend – children from summer19 workshop have been allocated a lot of the places, therefore availability is limited.

New Clothing price changes

Our supplier was taken over by an American company in November, and there have been some clothing pricing changes as a result.

We have been lucky in the past with no price increases for 3 years.

E.g. baby ballet clothing would previously have been £45.95 and now would be £48.10 (additional £2.15 across all 5 items)

Items unaffected

Ballet shoes (up to size 2), ballet socks, tights, ankle warmers, headbands, bag, ballet skirts (larger ones cheaper) boy's leotards

Price changing items

Split sole ballet shoes – 50p increase

Jazz shoes – 25p increase

Georgette skirts – all £13 (previously £11-£18)

Leotards - £1 increase

All our clothing attire has been updated to reflect the pricing changes.



Reminder Class price changes

All classes will increase by 20p, Yoga by 50p and Zumba gold will remain the same as it has been for over 5 years.

Pricing from Jan

- Clubbercise, Konga and Tyga £5.00 > £5.20
- Zumba £5.50 > £5.70
- Zumba gold £4.50 no change
- Yoga £5.50 > £6.00
- Sunday Restorative / relaxation £6 > £6.50
- Monthly weekday class passes £44 > £45

Multi class discounts will still apply
15% if book 5 or more classes at once
20% if book 10 or more classes at once
10% discount off Saturday class courses
Loyalty cards will still be available

New Saturday TYGA class

Our new year 8 week course starts Sat 11th Jan
Cuddington Hall 8.45-9.30am - £37.00

Jan 11th, 18th
Feb 1st, 15th, 22nd
Mar 7th, 14th, 21st

Come and join us to kick start your metabolism for the weekend ahead – prepare to get sweaty ☺

NEW 12 Days of FITMAS

As classes finished mid Dec, we have mini clips to keep you active in the lead up to Christmas posted daily.

The winners of the music track challenge were:-

£15 voucher – **Wendy Gallimore**

£10 voucher – **Vicky Walker**

£5 voucher – **Donna Golden**

The winners from 287 entries who won themselves a free class each week in Jan were:-

Sal Turner

Jenny Palmer

Donna Golden

Well done to everyone who took part and our winners!

NEW Christmas Party

The Power Fitness party was fabulous as always, pictures from the evening are on Facebook. This year's party will be on **Sat 5th Dec** this year, so if you'd like to join us please let us know so you can be included in a party group.

New Restorative Yoga classes

Our restorative/relaxation classes are held once a month on a Sunday evening to help prepare you for the fight or flight stresses of the week ahead. Feedback for this class has been amazing ☺ These classes are very gentle classes for all abilities. Bring your pillows/cushions/blankets, even come in your PJ's if you wish to enjoy the full relaxation – give yourself time back to recharge your wellbeing.

Our first class of the new decade is
Sun 19th Jan

Davenham Methodist Hall 7.30-8.30pm

Come along and join us and allow yourself the time to recharge and release stress and have an amazing night's sleep.

Our forthcoming dates leading up to Easter are
09/02, 08/03 and 05/04

NEW loyalty cards

In 2019, we gave away **£685 worth of classes** from your returned loyalty cards. We'll continue to offer loyalty cards throughout 2020 – exchange any old 2019 blue ones for a 2020 black one

Reminder Power Fitness Hoodies

We have 3 black hoodies available for £27 in size Large - if anyone would like to purchase one to help keep them warm arriving/leaving classes as we approach the cold season please let Sharon know

Reminder Annual leave notice

There will be no classes on the following dates:-

Easter break – Mon 6th Apr – Mon 20th Apr

Spring break - Mon 10th May

Summer break – Mon 17th Aug – Tues 1st Sept

Booking page reservation link <https://bookwhen.com/powerfitnessnorthwich>

Summary of class timetable http://dancingkidzdance.co.uk/adult_classes.html